Pokemon Ruby, Sapphire, and Emerald Berry Uses and Locations

List of all berries with their uses and locations in Pokemon Ruby, Sapphire, and Emerald versions. There is no "bonus" for obtaining all of these berries and this checklist should be considered an optional post-game objective.



Cartridges with a dead internal battery will be unable to grow additional berries and receive daily gifts from NPCs. Replacing a dead battery can also result in glitches related to timed events. It will be extremely difficult to get to Mirage Island on a cartridge with a dead internal battery.

It is not possible to receive every berry in a single playthrough. It will require multiple game resets and trading to get all 5 berries that are based on the Trainer ID number.

Access to a GameCube with Pokemon Colosseum or XD: Gale of Darkness and a link-cable is necessary.

01 Cheri Berry - Cures paralysis - Grows on Routes 103 and 104 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
02 Chesto Berry - Cures sleep - Grows on Routes 104, 116, and 121 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
03 Pecha Berry - Cures poison - Grows on Routes 102, 104, 112, 120, and 123 upon arriving; possible to receive at the

Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
04 Rawst Berry - Cures burns - Grows on Routes 112, 121, and 123 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
05 Aspear Berry - Cures frozen status - Grows on Routes 120 and 121 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
06 Leppa Berry - Restores 10 PP - Grows on Routes 103, 104, 119, and 123 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
07 Oran Berry - Restores 10 HP - Grows on Routes 102, 104, and 111 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
08 Persim Berry - Cures confusion - Grows on Routes 114 and 121 upon arriving; possible to receive at the Pretty Petal flower shop; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
09 Lum Berry - Cures any status condition and confusion - Possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
10 Sitrus Berry - Restores 30 HP - Grows on Routes 118, 119, and 123 upon arriving; possible to receive from a Gentleman in Lilycove City; possible to receive from the Berry Master's wife if do not get a "special berry."
11 Figy Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike spicy food - Possible to receive from Kiri in Sootopolis City; given by a Beauty on Route 120 daily if the player's ID number ends in 0 or 5.
12 Wiki Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike dry food - Given by a Beauty on Route 120 daily if the player's ID number ends in 1 or 6.
13 Mago Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike sweet food - Given by a Beauty on Route 120 daily if the player's ID number ends in 2 or 7.
14 Aguav Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike bitter food - given by a Beauty on Route 120 daily if the player's ID number ends in 3 or 8.
15 Iapapa Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike sour food - Possible to receive from Kiri in Sootopolis City; given by a Beauty on Route 120 daily if the player's ID number ends in 4 or 9.
16 Razz Berry - No effect - Grows on Routes 111 and 120 upon arriving; received daily from a girl near a berry patch on Route 111; possible to receive from a man outside Lanette's house on Route 114
17 Bluk Berry - No effect - Grows on Route 115 upon arriving; possible to receive from a man outside Lanette's house on Route 114
18 Nanab Berry - No effect - Grows on Routes 110, 120, and 121 upon arriving; possible to receive from a man outside Lanette's house on Route 114
19 Wepear Berry - No effect - Grows on Routes 117 and 120 upon arriving; possible to receive from a man outside Lanette's house on Route 114
20 Pinap Berry - No effect - Grows on routes 116 and 120 upon arriving; possible to receive from a man outside Lanette's house on Route 114

21 Pomeg Berry - Ruby/Sapphire: No effect; Emerald: Lowers HP EVs but raises friendship - Grows on Routes 119 and 123 upon arriving; possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
22 Kelpsy Berry - Ruby/Sapphire: No effect; Emerald: Lowers Attack EVs but raises friendship - Grows on Route 115 upon arriving (requires Surf); possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
23 Qualot Berry - Ruby/Sapphire: No effect; Emerald: Lowers Defense EVs but raises friendship - Grows on Route 123 in the Berry Master's garden upon arriving; possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
24 Hondew Berry - Ruby/Sapphire: No effect; Emerald: Lowers Special Attack EVs but raises friendship - Grows on Route 119 upon arriving (requires Surf and Waterfall); possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
25 Grepa Berry - Ruby/Sapphire: No effect; Emerald: Lowers Special Defense EVs but raises friendship - Grows on Route 123 in the Berry Master's garden upon arriving; possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
26 Tamato Berry - Ruby/Sapphire: No effect; Emerald: Lowers Speed EVs but raises friendship - Possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
27 Cornn Berry - No effect - Possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
28 Magost Berry - No effect - Possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
29 Rabuta Berry - No effect - Possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
30 Nomel Berry - No effect - Possible to receive from the Berry Master; possible to receive from Kiri in Sootopolis City
31 Spelon Berry - No effect - Receive from the Berry Master's wife after telling her the phrase "Great Battle." Only able to receive once.
32 Pamtre Berry - No effect - Receive from the Berry Master's wife after telling her the phrase "Challenge Contest." Only available after entering the Hall of Fame, only able to receive once.
33 Watmel Berry - No effect - Receive from the Berry Master's wife after telling her the phrase "Overwhelming Latias." Only available after registering Latias as "seen" in the Pokedex, only able to receive once.
34 Durin Berry - No effect - Received from the Berry Master's wife after telling her the phrase "Cool Latios." Only available after registering Latios as "seen" in the Pokedex, only available to receive once.
35 Belue Berry - No effect - Receive from the Berry Master's wife after telling her the phrase "Super Hustle." Only available after entering the Hall of Fame, only able to receive once.
36 Liechi Berry - Raises Attack when HP falls below 25% - Grows on Mirage Island on Route 130 upon arriving. Overwhelmingly rare to access this island where access is granted based on invisible values related to a Pokemon's personality. An individual Pokemon has a 1/65536 chance of causing the island to appear each day. If the game cartridge's internal battery is dead, the invisible numbers causing Mirage Island to spawn will never change.
37 Ganlon Berry - Raises Defense when HP falls below 25% - Must be transferred from Pokemon Colosseum or Pokemon XD: Gale of Darkness.
38 Salac Berry - Raises Speed when HP falls below 25% - Must be transferred from Pokemon Colosseum or Pokemon XD: Gale of Darkness.
39 Petaya Berry - Raises Special Attack when HP falls below 25% - Must be transferred from Pokemon Colosseum or Pokemon XD: Gale of Darkness.
40 Apicot Berry - Raises Special Defense when HP falls below 25% - Must be transferred from Pokemon Colosseum or Pokemon XD: Gale of Darkness.

41 Lansat Berry - Raises critical hit ratio when HP falls below 25% - Emerald only: Given away by Scott in the Battle
Frontier after the player has obtained all seven Silver Frontier Symbols
42 Starf Berry - Sharply raises a random stat when HP falls below 25% - Emerald only: Given away by Scott in the Battle Frontier after the player has obtained all seven Gold Frontier Symbols
Bonus: 43 Enigma Berry - Not obtainable through standard gameplay, was originally used as a placeholder for e-Reader Berries. May be placed in the game using a cheating device like a GameShark or Action Replay.

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